

# A Guide to Prayer Walking

## What is a prayer walk?

Prayer walking is meant to be a time where we pray on behalf of the people who live or work in a specific place. This is known as intercessory prayer. Intercessory prayer focuses on the needs of others. The benefit of walking through a specific community is that often you can see needs right in front of you and get a sense of what a particular community is really like.

One of the goals of a prayer walk is that God opens our eyes and our hearts to the geographic location he has placed us in. As he does this, we will begin to think and act differently about our personal role in the mission to present the gospel to every man, woman, and child. Our desire is this area would not just be where we happen to attend church, live, and work, but that all of us would see this neighborhood as our mission field.

## How am I supposed to pray?

As you and your group are walking you may feel a little strange and awkward at first. It is important to confess that to the group. This is a great way to begin praying: that God would help you move past the strangeness of prayer walking!

It is important to pray for four specific things as you walk by each residence, complex, business or organization.

1. Pray God would speak light to the hearts of the people there.

*For God, who said, "Let light shine out of darkness," has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. 2 Corinthians 4:6*

2. Pray God would give the Church wisdom on how to serve, love, and bring the gospel to that place.

*If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him. James 1:5*

3. Pray for what you observe about the place you are praying for.

*Look, I tell you, lift up your eyes, and see that the fields are white for harvest. John 4:35b*

4. Pray God would break your heart for that place and show you how to love, serve, and be a witness there.

*Therefore, we are ambassadors for Christ, God making his appeal through us. We implore you on behalf of Christ, be reconciled to God. 2 Corinthians 5:20*

## Things to Remember

- Groups should pray together. Stay with at least one other person at all times.
- Silence is okay.
- You can stop and pray at or over certain places; you don't have to walk non-stop.
- Follow the leading of the Holy Spirit.
- If someone asks who you are and what you are doing, tell them the name of your congregation, where the church building is located and that you are praying for the community. Then ask them if there is any specific way you can pray for them or someone they know.